

Community Work Plan for <b>Respiratory</b>	
CHNA Page Reference – <b>pages 37-39</b>	
Health Problem	Outcome Objective
Chronic lower respiratory disease	<ul style="list-style-type: none"> <li>• Reduce respiratory disease rates in Upson County</li> </ul>
<p><b>Description of the health problem, risk factors and contributing factors:</b></p> <p>The respiratory disease rate for Upson County was higher than both the State and U.S. rates. Many of the retired residents had worked in the textile mills which contributed to respiratory issues. The asthma rate in the health district was higher than the State rate. Modifiable risk factors include tobacco smoke, unhealthy diet, physical inactivity, air pollution, allergens and occupational agents.</p>	
<p><b>Related Healthy People 2020 objectives:</b></p> <p>RD-1 – Reduce asthma deaths  RD-2 – Reduce hospitalizations for asthma  RD-3 – Reduce hospital emergency department visits for asthma  RD-4 – Reduce activity limitations among persons with current asthma from 12.7 percent to 10.2 percent.  RD-5 – Reduce the proportion of persons with asthma who miss school or work days.  RD-6 – Increase the proportion of persons with current asthma who receive formal patient education from 12.1 percent to 14.4 percent.  RD-9 – Reduce activity limitations among adults with COPD from 23.2 percent of adults aged 45 years and older to 18.7 percent.  RD-10 - Reduce deaths from COPD from 112.4 per 100,000 adults aged 45 years and older to 98.5 deaths per 100,000  RD-11 – Reduce hospitalizations for COPD from 56.0 per 10,000 adults aged 45 years and older to 50.1 per 10,000  RD-12 – Reduce hospital emergency department visits for COPD from 79.6 visits per 10,000 adults aged 45 years and older to 55.2 per 10,000</p>	
<p><b>Implementation Strategies to reduce contributing factors:</b></p> <p>Hospital staff will provide tobacco cessation classes to the community. The hospital will provide resources to conduct Pulmonary Function Tests at community health fairs. There will be collaboration with schools to provide asthma education to school nurse and coaches. Utilization of the hospital’s website will provide links to health resources relating to respiratory disease (<a href="http://www.urmc.org">www.urmc.org</a>). The hospital will provide services in locations that are easily accessible by the low-income, minority and other vulnerable populations.</p>	