

Community Work Plan for <b>Cancer</b>	
CHNA Page Reference – <b>pages 24 - 32</b>	
Health Problem	Outcome Objective
Cancer Deaths	<ul style="list-style-type: none"> <li>• Reduce cancer deaths in Upson County</li> </ul>
<p><b>Description of the health problem, risk factors and contributing factors:</b></p> <p>In Upson County, the overall cancer death rate was higher than Georgia or the U.S. rates. Lung cancer incidence rates were higher than Georgia or U.S. rates, while the lung cancer death rates were lower than Georgia, but higher than the U.S. rates. Both male and female colon and rectum cancer incidence rates were higher in Upson County than in the State, with the exception of Black males and females. Colon and rectum cancer death rates were higher than the U.S. rates and slightly lower than the State rate. The breast cancer incidence rate in Upson County was lower than that of Georgia or the U.S. The female breast cancer death rate in Upson County was slightly lower than the Georgia and the U.S. rate. Upson County had lower incidence rates for prostate cancer than the State or U.S. Upson County had slightly higher death rates for prostate cancer than that of Georgia or the U.S.</p> <p>Modifiable risk factors for cancer include tobacco smoke, poor diet, infections, physical inactivity, obesity, heavy alcohol use, stress, occupational hazards, environmental pollution, sunlight and radiation.</p>	
<p><b>Related Healthy People 2020 objectives:</b></p> <p>C-1 – Reduce the overall cancer death rate by 10 percent – Goal: 160.6 deaths per 100,000 population</p> <p>C-2 – Reduce the lung cancer death rate by 10 percent – Goal: 45.5 deaths per 100,000 population</p> <p>C-3 – Reduce the female breast cancer death rate by 10 percent – Goal: 20.6 deaths per 100,000 females</p> <p>C-5 – Reduce the colorectal cancer death rate – Goal: 14.5 deaths per 100,000 population</p> <p>C-7 – Reduce the prostate cancer death rate by 10 percent – Goal: 21.2 deaths per 100,000 males</p>	
<p><b>Implementation Strategy to reduce contributing factors:</b></p> <p>The hospital will provide tobacco cessation classes and offer cancer support group(s) to the community. In addition, hospital staff will conduct cancer prevention and awareness education and conduct free prostate and colorectal cancer screenings. Upson Regional will also offer discounted screening tests (PSA and Hemocult) at community health fairs. The hospital will provide services in locations that are easily accessible by the low-income, minority and other vulnerable populations.</p>	