



Watch for Mindful Menu Selections

Look for our Daily Specials

**...Good Food that Tastes
Great is Your Reason for
Eating Healthy!**

Low-Fat/Calorie Healthier Eating Options

Low Fat Mayo

Low Fat Deli Meats

Items offered Baked/Fried

All Fried Foods Fried in Trans-Fat

Free Oil

Olive Oil Salad Dressings

Low-Fat Frozen Yogurt

100 Calorie Snacking Options

Hours

6:30am-9:00am Breakfast

11:00am-1:30pm Lunch

4:30pm-7:00pm Dinner

Grab & Go Available All Day

Managers

General Manager

Steven R. Hand- ext 1360

Executive Chef

Jason Pyle- ext 1562

Cherokee Menu Line- Dial (FOOD)-
3663



Cherokee Cafe

Week of Monday June 27

Monday

Entree:	Spaghetti & Meat Sauce 🍌	\$2.99
	Savory Rotisserie-Style Chicken	\$3.49
	Balsamic Roasted Vegetables 🍌🍌	\$1.49
	Cauliflower 🍌🍌	\$1.49
	Caribbean Spiced Roasted Potatoes 🍌🍌	\$1.49
Special:	Fried Mushrooms	\$3.99

Tuesday

Entree:	Pecan Crusted Chicken Breast 🍌	\$3.99
	Beef Enchiladas	\$2.99
	Fresh Broccoli Floret 🍌🍌	\$1.49
	Sante Fe Black Bean 🍌	\$1.49
	Spanish Rice 🍌🍌	\$0.99
Special:	Wing Bar	\$0.45 oz

Wednesday

Entree:	Grilled Chicken Pasta Alfredo 🍌	\$2.99
	Fried Pork Chop	\$2.99
	Candied Sweet Potatoes 🍌🍌	\$1.49
	Creamed Spinach 🍌	\$1.49
	Baked Potatoes 🍌	\$1.49
Special:	Black & Bleu Salad	\$5.59

Thursday

Entree:	Buttermilk Fried Chicken	\$3.49
	Tater Tot Casserole	\$2.99
	Baked Macaroni & Cheese 🍌	\$1.49
	Stir Fried Cabbage 🍌🍌	\$0.99
	Lima Beans 🍌🍌	\$0.99
Special:	Chef's Special	\$2.99

Friday

Entree:	Chicken Piccata	\$3.99
	Crispy Baked Tilapia 🍌	\$3.99
	Baked Potatoes 🍌	\$1.49
	Savory Black-Eyed Peas 🍌	\$0.99
	Yellow Rice 🍌🍌	\$0.99
Special:	Egg Dipped Waffle	\$0.99

Saturday

Entree:	General Tso's Chicken 🍌	\$3.99
	Vegetable Egg Roll 🍌	\$1.69
	Fresh Broccoli Floret 🍌🍌	\$1.49
	Vegetable Fried Rice 🍌🍌	\$1.49

Sunday

Entree:	Buttermilk Fried Chicken	\$3.49
	Meatloaf 🍌	\$2.99
	Cheddar Mashed Potatoes 🍌	\$1.49
	Corn O'Brien with Peppers 🍌🍌	\$0.99
	Turnips 🍌🍌	\$0.99
	Green Beans 🍌🍌	\$0.99

🍌 Vegan 🍌 Vegetarian 🍌 Mindful